DARVO-SF (Barnes, Harsey, Mills, & Freyd, 2020)

The short-form DARVO Experiences Questionnaire (DARVO-SF) has 18 Items

The 18-item DARVO-SF is derived from the 72-item long-form DARVO Experiences Questionnaire (DARVO-LF), introduced by Harsey, Zurbriggen, & Freyd (2017). (Here is a link to thefull DARVO-LF.)

DARVO-SF Citations:

- Barnes, M. L., Mills, K. L., Harsey, S. J., & Freyd, J. J. (2020, August 06). *Assessing perpetrator responses to confrontation: Development of the DARVO-Short Form Scale.* [Conference poster].
- 2020 APA Annual Convention, Washington, D.C., United States. Barnes, M. L., Harsey, S., Mills, K. L., & Freyd, J. J. (under review). Assessing Perpetrator Responses to Confrontation: Associations with a DARVO-SF and Posttrauma Symptoms in Two Different Populations.

Instructions: In this section, we are interested in learning more about confrontations. Please think of a time when you confronted someone who wronged you in some way. Some examples of being wronged include being cheated on in a relationship, being betrayed by a friend or family member, or being mistreated at your workplace.

In the box below, please **describe** this confrontation. Why did you confront this person? How did he or she react to your confrontation? How did you feel after the confrontation? Please describe this confrontation in the box below. Be sure to write **at least one whole paragraph** and to include details on **how** and **why** you confronted this person, **how he or she reacted** to the confrontation, and **how you felt** after the confrontation.

[text entry box]

For the remaining parts of this study, "the confrontation" and "the person you confronted" **refer to the situation you described in the box**. The "**incident**" refers to incident(s) that caused you to confront the other person. Please respond to the questions below about the confrontation you described in the box. We would like to know a few things about the person you confronted.

1. What was your relationship with the person you confronted?
□ Parent or guardian
□ Sibling
□ Extended family member (e.g. uncle, aunt, cousin, grandparent)
□ Friend or acquaintance
□ Babysitter or nanny
□ Husband, wife, or romantic partner
□ Employer or boss
□ Coworker or other peer
□ Teacher, coach, doctor, religious counselor, or other professional
□ Stranger
□ Other (please specify): _____

o Sex/gender of person you confronted_____

2. **Before** the incident, how close were you to the person you confronted?
Not close at all Not very close Somewhat close Very close

3. **Before** the incident occurred, how much did you trust this person?
Not trusted at all Not really trusted Somewhat trusted Trusted a lot

4. **After** the incident occurred, how much did you did trust this person?
Not trusted at all Not really trusted Somewhat trusted Trusted a lot

This section is concerned with things the person you confronted might have said to you around the time of the confrontation. Below are a series of statements. We want to know if the person you confronted said anything to you like the statements. Please rate how similar each statement is to what this person told you during or close to time of the confrontation. If you choose 1 for a particular statement, it means that the person you confronted did not say **anything at all**
like the statement. If you choose 5, it means that the person you confronted said something **almost exactly** like the statement.

Did the person you confronted say anything like this to you? Please indicate your response for each sentence
below.

1. *"Whatever you're saying happened isn't my fault"*

Strongly disagree (1) ……. Strongly agree (7)

1. *"That never happened"*

Strongly disagree (1) ……. Strongly agree (7)

1. *"You're remembering it incorrectly"*

Strongly disagree (1) ……. Strongly agree (7)

1. *"You're just trying to make me look bad"*

Strongly disagree (1) ……. Strongly agree (7)

1. *"You're acting crazy"*

Strongly disagree (1) ……. Strongly agree (7)

1. *"You're a liar"*

Strongly disagree (1) ……. Strongly agree (7)

1. *"You're acting delusional"*

Strongly disagree (1) ……. Strongly agree (7)

1. *"You need help"*

Strongly disagree (1) ……. Strongly agree (7)

1. *"No one would believe you if you said anything about it"*

Strongly disagree (1) ……. Strongly agree (7)

1. *"You're just trying to manipulate me"*

Strongly disagree (1) ……. Strongly agree (7)

1. *“You regret what you did and now you’re blaming me”*

Strongly disagree (1) ……. Strongly agree (7)

1. *“I can’t believe you’re trying to make this my fault”*

Strongly disagree (1) ……. Strongly agree (7)

1. *“I’m the real victim here”*

Strongly disagree (1) ……. Strongly agree (7)

1. *“You’re not being fair to me”*

Strongly disagree (1) ……. Strongly agree (7)

1. *“I am the one who suffered the most from it”*

Strongly disagree (1) ……. Strongly agree (7)

1. *“Why are you punishing me?”*

Strongly disagree (1) ……. Strongly agree (7)

1. *“You treated me worse than I ever treated you”*

Strongly disagree (1) ……. Strongly agree (7)

1. *“You should be apologizing to me”*

Strongly disagree (1) ……. Strongly agree (7)

DARVO-SF Item Categorization		
Deny	Attack	Reverse
“Whatever you’re saying happened isn’t my fault.”	"You’re just trying to make me look bad”	"I can’t believe you’re trying to make this my fault”
"That never happened”	"You’re acting crazy”	"I’m the real victim here”
"You’re remembering it incorrectly”	"You’re a liar”	"I am the one who suffered the most from it”

	"You're acting delusional"	"You're not being fair to me"
	"No one would believe you if you said anything about it"	"You should be apologizing to me"
	"You need help"	"Why are you punishing me?"
	"You're just trying to manipulate me"	"You treated me worse than I ever treated you"
	"You regret what you did and now you're blaming me"	

Also See

- Other DARVO Measures
- What is DARVO?
- Tips: Be a Good Listener
- Freyd Dynamics Lab
- The Center for Institutional Courage

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Last update 11-Aug-2022 , jjf@uoregon.edu
Please note: Due to the large volume of correspondence I receive, I cannot answer most messages.
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